

**A Woman's Guide To Sleep: Guaranteed Solutions For A Good
Night's Rest**

By Joyce Walsleben; Rita Baron-Faust

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<http://www.med.nyu.edu/biosketch/walslj01/research>

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Jan 23, 2001 The Sleep Slump. Many Women gone," says Joyce A. Walsleben, director of the Sleep Disorders Center Guaranteed Solutions for a Good Night's Rest

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