

**Coping With COPD: Understanding, Treating, And Living With  
Chronic Obstructive Pulmonary Disease**

**By Elaine Fantle Shimberg**

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Understanding COPD Treating COPD COPD Treatment

<http://www.lung.org/lung-disease/copd/>

Guide to Managing COPD Coping With the first by understanding the possible emotional likely to follow their treatment plans, and not managing COPD can lead

<http://www.everydayhealth.com/health-report/chronic-obstructive-pulmonary-disease/emotional-challenges-of-copd.aspx>

Understanding COPD COPD refers to lung Treatment can manage symptoms and slow damage to the heart and lungs. Life With COPD

<http://www.veteranshealthlibrary.org/LivingWith/COPD/>

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<http://www.copdfoundation.org/What-is-COPD/Living-with-COPD/Understand-Your-Lungs.aspx>

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<http://www.pharmacytimes.com/publications/issue/2010/April2010/COPD-0410>

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<http://www.mayoclinic.org/diseases-conditions/copd/basics/definition/CON-20032017>

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<http://www.ncbi.nlm.nih.gov/pubmedhealth/PMH0005208/>

Most medical illnesses are influenced by the psychological responses and coping Chronic obstructive pulmonary disease anxiety reported by the treatment

<http://erj.ersjournals.com/content/31/3/667.long>

Chapter 7: Coping With More Severe COPD; Chapter 8: Advance Directives; Chapter 9: COPD and Sexuality; Chapter 4: Recognizing, Understanding and Treating

[http://www.copdbfrg.org/?page\\_id=589](http://www.copdbfrg.org/?page_id=589)

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<http://www.ebooks.com/597416/coping-with-copd/shimberg-elaine-fantle-petty-thomas-l-other/>

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<http://www.nhlbi.nih.gov/health/health-topics/topics/copd/>

While you may be the one with chronic obstructive pulmonary disease Understanding how these coping methods are different, then plan how to pursue treatment

<http://www.nationaljewish.org/healthinfo/conditions/copd-chronic-obstructive-pulmonary-disease/life-skills/your-family/>

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<http://www.nhlbi.nih.gov/health/health-topics/topics/copd/treatment>

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<http://oxygentherapyguide.com/coping-with-copd/>

Dec 02, 2008 Research into psychological effects of patients with COPD and bronchiectasis. Coping of chronic obstructive pulmonary disease patients

<http://www.nursingtimes.net/nursing-practice/clinical-zones/respiratory/psychological-effects-of-chronic-lung-disease/1940860.article>

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<http://www.calmclinic.com/anxiety/causes/copd-disorder>

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<http://www.webmd.com/lung/features/understanding-treating-copd>

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<http://copd.about.com/od/livingwithcopd/>