

**Dangerously Sleepy: Overworked Americans And The Cult Of
Manly Wakefulness**

By Alan Derickson

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The author is Alan Derickson, a Professor at Penn State, and the author of "*Dangerously Sleepy: Overworked Americans and the Cult of Manly Wakefulness*."

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Patricia Reeve, Suffolk University Boston MA, History Department, Faculty Member. *Dangerously Sleepy: Overworked Americans and the Cult of Manly Wakefulness*.

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